



Front Steps Housing and Services

2021 Annual Report Card



ST. JOSEPH'S COMMONS
2554 West 25th Street • Cleveland, OH 44113 • p 216.781.2250 • f 216.781.2252
www.frontstepsservices.org



Our Mission

Front Steps Housing and Services' (Front Steps') mission is to provide permanent supportive housing and community-based wraparound life skills and behavioral health services to transform the lives of individuals and families and empower them to break the cycle and threat of homelessness. Front Steps works with St. Joseph's Commons formerly chronically homeless residents and members of the community on the verge of becoming homeless to effectively engage them in a process that helps them attend to their physical and emotional needs, restores their self-awareness and confidence, and develops the vital skills to become independent, self-sufficient, and fulfilled.

Our Principles and Beliefs

- Respect for the rights of all individuals to have access to safe, affordable housing no matter what their backgrounds or life circumstances.
- Support the realization of human potential to make positive choices, productive life changes, and valuable contributions to the community.
- Social justice and anti-racism.

Our Values

- A deep awareness of the physical, psychological, and spiritual needs of all people.
- The community's diversity and treating all individuals with compassion and respect.
- Advocating for individual opportunity and systemic change in our society.

Diversity and Inclusion

Front Steps is committed to developing and maintaining a diverse organization that reflects, is responsive to, and embraces the diversity of the individuals we serve, respecting and valuing all people. Front Steps is dedicated to serving as an inclusive, equitable and accessible organization where every client, volunteer, staff, and board member can realize their potential and where their contributions are valued. Based on these principles, Front Steps is working towards identifying needs, promoting honest discussion regarding issues of diversity, equity, and inclusion, and driving change by initiating the steps needed to build and sustain an inclusive, open, and welcoming environment. We are establishing strategies that promote the importance and value of an inclusive environment and culture by facilitating an open discussion about disparities.



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A contract agency of
**ADAMHS**
BOARD OF CUYAHOGA COUNTY
ALCOHOL, DRUG ADDICTION & MENTAL HEALTH SERVICES



Who We Served: Demographics and Conditions

Total Served - 90

Gender of Clients

- Males – 37 (41.1%)
- Females – 50 (55.5%)
- Unknown – 3 (3.3%)

Ages

- Under 5 years – 0 (0.0%)
- 5 – 12 years – 0 (0.0%)
- 13 – 17 years – 0 (0.0%)
- 18 – 24 years – 3 (3.3%)
- 25 – 34 years – 13 (14.4%)
- 35 – 44 years – 20 (22.2%)
- 45 – 54 years – 29 (32.3%)
- 55 – 61 years – 20 (22.2%)
- 62+ years – 5 (5.6%)

Veteran Status

- Veteran – 4 (4.4%)
- Non-Veteran – 86 (95.6%)

Ethnicity

- African American – 57 (63.5%)
- Caucasian – 25 (27.7%)
- Hispanic – 3 (3.3%)
- Native American – 1 (1.1%)
- Multi-Racial – 1 (1.1%)
- Unknown – 3 (3.3%)

Physical and Mental Health Conditions:

- Mental Illness – 77 (85.6%)
- Alcohol Abuse – 7 (7.8%)
- Drug Abuse – 26 (28.9%)
- Alcohol and Drug Abuse – 33 (36.7%)
- Chronic Health Condition – 24 (26.7%)
- HIV/AIDS and Related Diseases – 2 (2.2%)
- Developmental Disability – 4 (4.4%)
- Physical Disability – 24 (26.7%)

Number of Co-Occurring Physical and Mental Health Conditions

- None – 15 (16.7%)
- 1 Condition – 11 (12.2%)
- 2 Conditions – 19 (21.1%)
- 3+ Conditions – 45 (50.0%)

Cash Income (SJC residents)

- No Income – (48.9%)
- Income less than \$1,500/month – 87 (96.7%)
- Income greater than \$1,500/month – 3 (3.3%)

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FRONT STEPS
HOUSING AND SERVICES
Service to Our Clients

Residents of St. Joseph’s Commons (SJC) – Front Steps’ permanent supportive housing program – continued to enjoy a warm and welcoming place to live and avail themselves of services that support them in overcoming the conditions that resulted in their homelessness and reconstruct a life that is productive and fulfilling leading to independence and self-sufficiency. Front Steps has made a very intentional effort to reach out to community-based clients with mental illness and addictions who are living in poverty. In 2021, 90 clients – SJC residents (69) and community-based (21) – accessed Front Steps’ programs. Programs accessed by Front Steps’ clients included: Case Management, Intensive Outpatient Program, Employment and Training, Community Support Services, Behavioral Health Counseling, Prevention Services, and Art and Music Therapy. Services included:

<u>Program/Service</u>	<u>Sessions</u>	<u>Encounters</u>
Case Management and Individual Counseling	1,244	1,244
Art Therapy	44	214
Music Therapy	24	95
Intensive Outpatient – Group Sessions	27	50
Intensive Outpatient – Individual Sessions	5	5
Communications and Relationships	1	12
Residents' Council	18	304
Social Hour	10	154
Morning Reflections	9	212
Employment/Job Fair	1	42
Food Donations	20	281
Recovery Group	4	28
Computer Class	5	31
AA Groups	24	544
CA Groups	13	184



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Front Steps' primary goal is to provide the support and services needed to help clients become independent and self-sufficient. Success is gauged by growth and development, as well as the number of participants that gain the skills necessary to live independently in the community. Front Steps continues to aspire to achieve the following objectives:

- Enhance clients' potential to make positive life decisions, productive life changes, and valuable contributions to the community.
- Create an environment in which Front Steps recognizes the complete needs of all people. We value the community's diversity and treat all individuals with compassion and respect.
- Advocate for individual opportunity and systemic change in our society.
- Provide the highest quality programming, services, and overall management.

In 2021, Front Steps made significant organizational progress in the following areas:

- Functional Alignment of Front Steps' New Home – After years of planning and working to secure needed funding, we completed construction of our new building in October 2020. Our clients made the move to their new homes by early November in time to celebrate Thanksgiving in the new facility. Named for the order of the nuns who founded Transitional Housing, Inc., St. Joseph's Commons, a 68-unit one-bedroom 60,000 square foot permanent supportive housing complex located at 2554 West 25th Street, was built with funds outside of philanthropy. Today, Front Steps is the service provider to the residents of St. Joseph's Commons, residents of other housing providers, and the general community.
- Responding to the Urgent Needs of the Community During Turbulent Times – The pandemic has had a lasting effect on the lives of people who are homeless living on the streets and in shelters; as well as those with mental illness and/or substance use disorder(s) living in poverty-stricken conditions on the verge of becoming homeless, those living doubled-up, and homeless individuals refusing shelter. Front Steps now has the physical capacity to respond to the needs of individuals who are chronically homeless and have mental illness and/or substance use disorder(s), as well as enhance our reach into the community with our behavioral health and preventive services to support those living at-risk of becoming homeless.
- Accreditation and Certification – Front Steps has been accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF). The accreditation applies to the following programs/services: Case Management/Services Coordination: Mental Health (Adults); Community Housing: Mental Health (Adults); Outpatient Treatment: Integrated: AOD/MH (Adults); and Community Employment Services: Employment Supports. The organization has also been certified by the Ohio Department of Mental Health & Addiction Services (OMHAS) to operate an outpatient alcohol and drug addiction program and approved to offer the following behavioral/mental health services: Behavioral Health Counseling & Therapy,

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Employment/Vocational. Front Steps has also been approved by OMHAS to serve as a Community Mental Health Services Center.

- The Addition of Music Therapy – Art Therapy and the Arts have proven to be effective outlets for residents to express their innermost feelings constructively and creatively in an individual and social context. The literature indicates that Music Therapy can also address the issues of self-concept, self-efficacy, trauma, and quality of life which is integral to successful recovery from mental illness and the after-effects of homelessness. Front Steps has worked with the Cleveland Music Settlement to design and implement a Music Therapy program for our residents which is funded in part by the ADAMHS Board of Cuyahoga County.
- Implementation of the 2021-2024 Strategic Plan – Thanks to funding from the George Gund Foundation and the St. Luke’s Foundation of Cleveland, Front Steps embarked on and completed its 2021-2024 strategic plan. The plan sets forth an ambitious direction for the agency – one that envisions Front Steps as a leader in the permanent supportive housing and behavioral health services as a model for other communities seeking to end the cycle of homelessness and poverty. It offers a detailed roadmap for the ways in which Front Steps will realize its mission and maximize the value of its new facility for individuals who are homeless and the general community seeking case management, prevention and employment/education services, and behavioral health and addiction counseling.





Front Steps wishes to thank the community – individuals and institutions – for its generous support and commitment to our work. With your time, talent, and treasure, we have been able to address the devastating psycho-social and socio-economic traumas perpetrated by the COVID-19 pandemic. Front Steps is exceptionally grateful to the individuals who made their donations to us. We would also like to take this opportunity to recognize our 2021 institutional funding partners:

Alcohol, Drug Addiction and Mental Health Services (ADAMHS) Board of Cuyahoga County

Andrews Foundation

CareSource Foundation

The Cleveland Foundation

Community West Foundation

Cuyahoga Arts & Culture

Cuyahoga County Office of Homeless Services

David and Inez Myers Foundation

Dominion Foundation

The Raymond and Rita Foos Family Charitable Foundation

The Sam J. Frankino Foundation

George Gund Foundation

The Giant Eagle Foundation

Higley Fund of The Cleveland Foundation

Huntington Bank

Fred A. Lennon Charitable Trust

NAIOP

Ohio Department of Mental Health and Addiction Services

O'Neill Brothers Foundation

Parker Hannifin Foundation

PNC Bank

Reinberger Foundation

Daniel S. and Kathe Serbin Charitable Trust

Sersig/Brandt Family Fund

SK Wellman

Swagelok

Synthomer Foundation

Michael Talty and Helen Talty Charitable Trust

Thatcher Fund of the Cleveland Foundation

William E Harris Family Fund

Wuliger Family Charitable Funds



Front Steps Housing and Services
Budget for 2022
 January through December 2022
 Accrual Basis

Ordinary Income/Expense	
Income	
Donations	\$97,098.78
Grants - Government	\$748,689.75
Grants - Foundations and Other	\$332,039.00
Fundraising Activities	\$51,950.00
Miscellaneous Income	<u>\$82,673.68</u>
Total Income	\$1,312,451.21
Expense	
Salaries and Wages	\$733,413.14
Payroll Taxes	\$85,164.23
Employee Benefits	\$86,768.26
Professional Fees	\$175,014.03
Office Expense	\$53,945.31
Occupancy Costs	\$118,088.00
Printing and Publications	\$2,614.24
Travel and Entertainment	\$10,800.00
Program Expenses	\$31,594.00
Insurance Expense	\$3,000.00
Miscellaneous Expenses	\$3,825.00
Fundraising Events	<u>\$8,225.00</u>
Total Expense	<u>\$1,312,451.21</u>
Net Ordinary Profit	\$0.00

